

7 ways to Save Money so that you can Travel

- 1. Cut the monthly take-out or restaurant spending in half!** This can mean that you eat out less frequently or go to much cheaper restaurants if you feel you still need or want to eat out often.
- 2. Sell items on Craigslist.** Big-ticket items such as furniture or electronics that you do not need or use regularly will sell very well.
- 3. Keep grocery shopping down to just 1 time per week.** Meal plan to make that one day of shopping last you all week long, and then get by with leftovers and making from pantry items on day 6 before shopping again.
- 4. Visit a consignment shop or thrift store for adults or children's clothing.** Try finding a store in a nice neighborhood, you will often find really nice clothing for a reasonable price!
- 5. Turn off the cable TV and turn on Netflix.**
- 6. Bring a lunch to work!** Eating out for lunch adds up very quickly. Treat yourself once-in-awhile to a restaurant lunch with the coworkers, but try to keep it reasonable.
- 7. Do free things as a family.** Playgrounds and free days at the local museums are great ideas. You can also ask for a zoo or museum membership from a grandparent as a birthday or x-mas gift idea and use it frequently!